

...Jesus said: "A man was going down from Jerusalem to Jericho, when he was attacked by robbers. They stripped him of his clothes, beat him and went away, leaving him half dead.³¹ A priest happened to be going down the same road, and when he saw the man, he passed by on the other side.³² So too, a Levite, when he came to the place and saw him, passed by on the other side.³³ But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him.

LUKE 10:30-37 NIV

³⁴ He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him. ³⁵ The next day he took out two denarii and gave them to the innkeeper. 'Look after him,' he said, 'and when I return, I will reimburse you for any extra expense you may have.'

"Which of these three do you think was a neighbor to the man who fell into the hands of robbers?"

LUKE 10:30-37 NIV

The expert in the law replied, "The one who had mercy on him."

Jesus told him, "Go and do likewise."

LUKE 10:30-37 NIV

MENTAL HEALTH

MY STORY

TIM PETERSON

MENTAL HEALTH



WHY?

- my story
- our story
- 1 in 5 people deal with a mental illness
- The church is the “first responder”

MENTAL ILLNESS

“Genetic or circumstantial factors causing a disruption in the brain affecting a person's thoughts, moods, behaviors and relationships. The severity of symptoms requires professional treatment, whole health (holistic) care, and life-giving community support.”

– mentalhealthgracealliance.org

MENTAL HEALTH



QUESTIONS

How do we know that mental health issues are real... that they aren't something that's "just in your head?"

MENTAL HEALTH



QUESTIONS

How do we know if a problem is spiritual or a mental health concern?

MENTAL HEALTH



QUESTIONS

why is there a stigma associated with mental health issues?

MENTAL HEALTH



QUESTIONS

How do we get help
and/or help others who
may be dealing with
mental illness?

MENTAL HEALTH



RESOURCES

brighttomorrows.org

hope4mentalhealth.com

[mentalhealthgracealliance
.org](http://mentalhealthgracealliance.org)